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NUTRITION IN THE FIRST 1,000 DAYS

which increases the risk of stress-related disorders later in life.^{19,20} All of us have a stake in whether children get a strong start to life. As a society when we don't nourish a child's development, we all feel the consequences. Many of the issues with which policymakers struggle—from educational achievement gaps to deepening disparities have their roots in how ...

The Five Year Forward View for Mental Health - NHS England

One in five mothers suffers from depression, anxiety or in some cases psychosis during pregnancy or in the first year after childbirth. Suicide is the second leading cause of maternal death, after cardiovascular disease. Mental health problems not only affect the health of mothers but can also have long-standing effects on children's emotional, social and cognitive ...